

Conditions of Entry to the British Weightlifting Championships 2012

1) That you have continuous residence in the United Kingdom for one year prior to 27th February 2012, and that you have not competed for another National Federation of Weightlifting affiliated to the International Weightlifting Federation. If you have then contact the BWL office (0113 812 7098) for advice.

2) The Qualifying Totals for these Championships are:

Based on >	215 SMM Points			205 SMM Points			195	185 SMM Points		
Age Group	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80
Category	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80 +
56 kg	127	120	115	105	95	85	75	60	55	55
62 kg	140	132	125	115	105	95	82	65	60	55
69 kg	152	145	137	125	115	105	92	72	65	55
77 kg	165	157	150	135	125	112	100	80	70	57
85 kg	175	165	157	145	132	120	105	85	75	60
94 kg	185	175	165	152	140	125	110	87	80	65
105 kg	192	182	172	157	145	130	115	92	82	67
+105 kg	200	190	180	162	150	135	120	97	85	70

Note: There are no qualifying standards set for Women Masters.

3) That, if you are taking any medication whatsoever you have checked whether it is prohibited or not prohibited on the UK Anti Doping Organisation (UKADO) Drug Information Database Shortcut to: <http://www.globaldro.com/>.

If the medication you are taking is prohibited (such as ventolin, salbutamol etc) then you must obtain a Therapeutic Use Exemption (TUE). If you need advice on how to get a TUE then contact the BWLA office on 0113 812 7098

If you are subjected to an anti doping test the results of which show a medication (such as an asthma medication) not backed by a TUE then, under the rules of strict liability, you will be banned for two (2) years.